

# ZEYNEP NUR AMBARKUTUK

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## EDUCATION

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### **Başkent University**

September 2013 - June 2017

Bachelor's Degree

Overall GPA: 2.91/4

Department of Psychology

Thesis: A Comparison of Working Memory Biases in Groups Displaying Varying Social Anxiety Disorder Levels

Advisor: Professor Dilay Eldoğan

## RESEARCH INTERESTS

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Attention, Learning, Motivation, Neuro-developmental Disorders, Bilingual Learning Pattern and the Role of Executive Functions

## PROFESSIONAL EXPERIENCE

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### **Tall Oaks Montessori School**

February 2020 - Present

*Assistant Teacher*

- Guiding the children through self-directed activities
- Providing Montessori learning environment for the kids

### **Yasam Çocuk Kindergarten**

September 2017 - July 2018

*Psychologist & Education Coordinator*

- Providing general management of the kindergarten hosting children ages between 1-6
- Helping children with their daily life problems and developmental needs
- Preparing educational plans for the school year
- Providing training and counseling for teachers and parents

### **Cansu Kindergarten**

September 2015 - June 2016

*Intern*

- Observing and helping the course of the day in the kindergarten
- Preparing weekly developmental and educational reports to the Psychologist of the kindergarten

### **Cankaya Community Center**

September 2013 - June 2017

*Folk Dance Trainer*

- Conducted folk dance classes for the K-12 level kids
- Observed kids in their social settings, conducted a research about attention process at kids and attention deficit, and hyperactivity disorder with this sample group

## CERTIFICATES, AWARDS AND SCHOLARSHIPS

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### **Loss and Mourning Processes – A Theoretical Training**

Ongoing

*Certificate – Baskent University, Turkey*

### **Play Therapy for Children with Disruptive Mood Disorders**

Ongoing

*Certificate – The Play Therapy Training Institute, NJ, US*

<b>Virginia Preservice Training for Child Care Staff</b> <i>Certificate – Virginia Department of Social Services, VA, US</i>	May 2020
<b>Coping with Crises and Traumatic Events</b> <i>Certificate – Childcare Education Institute</i>	May 2020
<b>Academic Success Scholarship, Baskent University</b> <i>Scholarship – Covered academic expenses, incl. tuition.</i>	2013 - 2017
<b>Certificate of Honor, Baskent University</b> <i>Award – For four semesters</i>	2016 - 2017

## RELEVANT PUBLICATIONS

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[1] Evren Subasi, A. T., & **Uzuner, Z. N.** (2020). The Relationship Between Healthcare Satisfaction, Depression and Hopelessness Level of Mothers of Children with Cerebral Palsy. The Journal of Academic Social Science, 8(100), 34–42. DOI: <http://dx.doi.org/10.29228/ASOS.39880>

## TECHNICAL STRENGTHS

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<b>Software &amp; Tools</b>	Word, Excel, Power Point, Outlook
<b>Coding Skills</b>	SPSS, Python, Latex

## LANGUAGES

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<b>Turkish</b>	Native
<b>English</b>	TOEFL IBT, Overall: 101 (Reading: 23, Listening: 29, Speaking: 22 , Writing: 27) - 2020

## FAMILIAR TO PSYCHOMETRIC TESTS

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Dysfunctional Attitude Scale	Sociotrophy-Autonomy Inventory
Beier Sentence Completion Test	Short Symptom Inventory
Assessing Adult Attachment	Ankara Developmental Screening Inventory
Beck Depression & Anxiety Inventory	Metropolitan School Readiness Test
Automatic Thoughts Questionnaire	Frostig Developmental Test of Visual Perception Test
Young Schema Questionnaire	Peabody Picture Vocabulary Test

## PROJECTS

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<b>Psychology Handbook for Low-Socioeconomic Levels of Family</b>	Spring 2017
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- Compiled and published a handbook targeted to be used by low- socioeconomic families in the society
- The handbook covers the fundamental questions and answers regarding psychology science. With this book, a significant attention was raised toward the role of psychology in one’s life.

<b>Reevaluation of Group Perception by Critical Perspective</b>	Fall 2016
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- The project was developed in order to quantify the effect of critical thinking both in individuals and groups.

<b>Critical Thinking with High School Students</b>	Spring 2016
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- A training plan consisting of necessary tools for critical thinking was developed and applied in three different high schools for five weeks

<b>Changing The Apprehension and Attitude Toward Children with Attention Deficit and Hyperactivity</b>	Spring 2015
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- A training plan was developed in order to educate elementary school teachers about ADHD and its effect the learning process

**Prenatal and Maternal Exposure to Stress and Adverse Outcomes on Baby's Temperament** Fall 2014

- A collaboration with the Stress Management Laboratory in Psychology Department, Baskent University, a research study conducted to address and quantify the effect of stress during prenatal stages to toddlers

## **VOLUNTEERING AND SOCIAL WORK**

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**Turkish Students Association at Virginia Tech** January 2020 - Present  
*Folk Dance Trainer*

- Volunteered as a dance trainer to a group of multinational graduate students

**Department of Psychology at Virginia Tech** August 2018 - December 2019  
*Volunteer Researcher* *Language Cognitive Development Lab*

- Participated several research studies and data collection sessions to qualitatively and quantitatively evaluate bilingual learning patterns

**Ataturk Orphanage** November 2013 - February 2014  
*Folk Dance Trainer*

- Volunteered as a dance and sport activities trainer in a branch of government orphanage

**Lifelong Learning Program: Notes in Music, Adults in Europe** November - December 2012  
*Folk Dance Trainer*

- Functioned as a cultural exchange ambassador for a group of a multinational adults in an European Union project

## **CLUB & ASSOCIATION MEMBERSHIPS**

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**International Council of Organizations of Folklore Festivals and Folk Arts** 2014 - Present

## **INTERESTS**

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Professional Folk Dancing and Training, Ukulele, Scuba Diving, Gardening